

Heart of Fasting II

Think of fasting as the potter's clay. It is taken from the ground from the rest of the dirt and grime. It is then made to fast from partaking of what the world has to offer. Pieces of rock and impurities are removed from it, then it is fit for the master's use. The master takes the clay and places it on his wheel of transformation. His hands gently press here and there, His thumbs dig into the middle; around and around the clay goes but the Master knows what He is doing. He saw the end, before he placed the clay onto the wheel. The Master then removes the vessel from the potter's wheel, though it has been transformed the clay must still be tested and tried through fire. Once it has experience fire hotter than any human could handle on their own. It comes out truly ready for the Master's use; the Master fills the vessel with water and this vessel then brings forth living water, so someone can drink and live.

During one of the fast God had me on, we had an open dialogue. And I'm going to share with you what I learned and what God showed me.

He said, "The Holy Spirit will show you things that you were not present in the flesh to see, yet you will see them and they are real and not imaginations. You must walk in it and use this information to speak truth and set people free and share their burden. For they need help and you must give it to them."

John 1:51 "And he saith unto him, Verily, verily, I say unto you, Hereafter ye shall see heaven open, and the angels of God ascending and descending upon the Son of man."

The Holy Spirit said, "Are you His sibling?"

I said "yes".

The Holy Spirit said: "Then the same is so of you, angels ascend and descend putting into you what you need for strength, life, and health. They are ministering angels and they will minister to every physical need you have."

Me: "WOW, you are awesome God. This is so cool."

Mark 1:13 "And he was there in the wilderness forty days, tempted of Satan; and was with the wild beasts; and the angels ministered unto him."

Matthew 4:11 "Then the devil leaveth him, and, behold, angels came and ministered unto him."

Hebrews 1:14 "Are they not all ministering spirits, sent forth to minister for them who shall be heirs of salvation?"

Amen. Thank you for showing me the truth in your Word.

Amen, Amen, Amen!

On another day I was disappointed and upset that I ate during a fast but I knew, that I knew that God told me to eat.

I was complaining to Him of my disappointment and rattle off in words my understand that sometimes he will have me eat a little something when it can't be avoided without hurting another person feelings and so on.

He again spoke to me so plainly.

God said, "Is this your fast or mine? Are you wanting to fast the way you want to fast or the way I want you to fast?"

Me: "WOW, I surrender. I want to fast the way you want me to fast."

Another lesson from the master, when we fast it is not our fast. It should not be because we decided we want to fast or because we want to have the discipline or whatever. We should fast when He, God, has called us to fast. If we do it for any other reason, it could be one of the toughest things we've ever done; especially if we take on a prolonged fast.

James 1:12 says, "Blessed *is* the man that endureth temptation: for when he is tried, he shall receive the crown of life, which the Lord hath promised to them that love him."

"For when he is tried."

We have to be tried and part of fasting is being tried.

What are we made of? When we are pressed to the wall and everything is closing in on us; what comes out of us? Frustration, anger, revenge? Or does your heart cry out to the other person that the Lord will bless them, through you.

There have been many books written about fasting and I have yet to read one that doesn't take fasting to a carnal level, man's way of thinking ([stinking thinking](#)) and not God's. We can't fast our way to anything. Fasting doesn't change God, it changes us, so we can be used by God.

Think of fasting as the potter's clay. It is taken from the ground from the rest of the dirt and grime. It is then made to fast from partaking of what the world has to offer. Pieces of rock and impurities are removed from it, then it is fit for the master's use. The master takes the clay and places it on his wheel of transformation. His hands gently press here and there, His thumbs dig into the middle; around and around the clay goes but the Master knows what He is doing. He saw the end, before he placed the clay onto the wheel. The Master then removes the vessel from the potter's wheel, though it has been transformed the clay must still be tested and tried through fire. Once it has experience fire hotter than any human could handle on their own. It comes out truly ready for the Master's use; the Master fills the vessel with water and this vessel then brings forth living water, so someone can drink and live.