

## Health and Wholeness Part 2



### Discern The Lord's Body before Partaking

I believe that God wants to restore the true meaning and power of Communion (breaking of bread) to the church so His people will rightly discern His body when they partake. Which will cause them to become strong, healthy, and to live long.

The Lord has made special provision for our health and it is found in the death of His Son, the Lord Jesus Christ, when we come to partake. To see the body of Christ, the church, receive everything that our Savior suffered and died to give us, is an awesome thing to behold.

I know that when God's people are taught the truth about how healing is bestowed at the Lord's Table, health and wholeness will follow. It will add years to your lives and life to your years.

Paul said that it was not a failure to discern the blood, but a failure to discern the body that caused the people to be weak and sick, and to die before their time.

*1 Corinthians 11:29-30 "For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord's body. For this cause many are weak and sickly among you, and many sleep."*

When I was young growing up in Church, I was taught that the two elements of Communion should be combined together. So I understood that the body and blood were both for the forgiveness of my sins.

God has since shown me that the body and blood should not be treated as one. There are two elements because there is a two-fold application in Communion. The fruit of the vine, which is His blood, is for our forgiveness and the bread, which is His body, is for our healing. Yes and Amen.

Like the Corinthians, most Christians have no problem discerning the blood. Paul's epistles make it clear that the blood of Jesus brings forgiveness of sins.

*Colossians 1:14 "In whom we have redemption through his blood, even the forgiveness of sins:"*

*Ephesians 1:7 "In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace;"*

Jesus Christ, God's son, paid the penalty for your sins with His spotless blood, the wages for sin is no longer your lot, when you put your trust in His blood to save you.

When you partake of the cup, you know that you are forgiven and have been made righteous.

Jesus' blood has given you right standing before God, so that you can come boldly into His presence. And when you pray, you can be sure He hears you.

That is how you discern the blood, most Christians understand this. But not many know how to discern the Lord's body. To do that, we must know what the bread represents. Jesus established that the bread, which is His body, is for our healing.

How do we know this?

When He spoke to the Syrophenician woman regarding her daughter's healing, He called healing "the children's bread."

*Mark 7:26-28 "the woman was a Greek, a Syrophenician by nation; and she besought him that he would cast forth the devil out of her daughter. But Jesus said unto her, let the children first be filled: for it is not meet to take the children's bread, and to cast it unto the dogs. And she answered and said unto him, Yes, Lord: yet the dogs under the table eat of the children's crumbs."*

Look at what Jesus said when the woman asked Jesus to cast the demon out of her daughter, He said that it was not good to give the "children's bread to the dogs".

What does "bread" refer to? It refers to the healing that she was asking for. And what do "dogs" refer to? It refer to non-Jews or Gentiles like herself.

So Jesus was actually saying that healing was only for God's covenant people and not for Gentiles who were not included in the covenant then.

Why do I refer to the bread as healing and not deliverance? That is because the Bible treats disease and demon possession as the same thing since they both originate from the devil.

*Acts 10:38 says "how God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him."*

Notice that disease is due to devil oppression. Disease and demon possession are both the results of oppression by the devil and we need God's healing for these problems.

From this historical account, it is clear that Jesus sees healing as the children's bread. The woman put her faith in the little crumb, and that act released power to drive the devil out of her daughter.

So the bread, even a small crumb, which is His body, is for our healing since we are now God's children and fully entitled to the healing bread.

*Matthew 6:9-13 "After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name. Thy kingdom come. Thy will be done in earth, as it is in heaven. **Give us this day our daily bread.** And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen."*

Our Daily Bread is Healing.

I believe when Jesus said, "Take eat; this is My body" (Matthew 26:26), the disciples did not need any explanation like the one above. They knew that He wanted to impart to them His life, health and wholeness.

These men were with Him every day and not once did they see Him sick. Not once did they see Him come down with the flu, fever or stomachache. He never had to say to them, "Can one of you preach the Sermon on the Mount for me? I don't feel up to it today."

Even greater than that, He was vibrant, full of life and full of health. When those who were without hands and feet were brought to Him, they were made perfectly whole. The body parts they needed were imparted to them from the heavenly store when they touched Jesus.

Jesus' body was so filled with life that even His clothes were soaked with His health. The Bible tells us that a woman with an issue of blood for 12 years came to Him knowing that He was her only hope. (Mark 5:25-34)

She had spent all her money and suffered many things from many physicians and what was her result? She was no better, but instead became worse. But, with just one touch of the hem of His garment, she was immediately healed of the affliction.

If the hem of His garment could be soaked with His health... WOW, can you imagine His body?

No wonder Luke said, *"And the whole multitude sought to touch him: for there went virtue out of him, and healed them all."* Luke 6:19. When a doctor, and Luke was a doctor, says this, you know that it is for real.

There was no need to tell the disciples that when He said, "Take eat; this is My Body", He was imparting His life, health and wholeness to their bodies. They knew better than anyone else that taking the bread meant ingesting His health into their mortal bodies.

Ingest the communion today and with new understanding.