

## **Blame Shifting, Guilt Shifting or Making Excuses**

### **Questions to explore the heart:**

Could it be that you are trying to cover your own sin(s)?

Without blaming someone else or making excuses, I want you to examine your own heart and tell me what you did.

### **Comment(s) or Correction:**

When you try to hide your sins you will not succeed. God knows what is in your heart.

### **Scriptures to memorize:**

Anyone who hides his/her sins doesn't succeed. But anyone who admits his/her sins and gives them up finds mercy (*forgiveness / compassion*). Proverbs 28:13

If we confess (*admit / own up*) our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness. 1 John 1:9

You may think you are doing right but, the Lord examines (*inspects / studies*) your heart. Proverbs 21:2

The eyes of the Lord are everywhere, He sees the good and the evil. Proverbs 15:3

So admit to one another that you have sinned. Pray for one another so that you might be healed. The prayer of a godly person is powerful. It makes things happen. James 5:16

### **Words of Encouragement:**

If you confess and turn away from your sin, you will be forgiven and will receive mercy.

*\*Parent you may want to do this also. If the child confesses without being caught then mercy is given and only the natural consequence if any are the result and not additional consequence for discipline.*