

Belt of Truth

Ephesians 6:14-18 (New International Version)

Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. **And** pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people.

Belt of Truth

"I am the Way, the Truth, and the Life. No one comes to the Father except through Me." (John 14:6)

The belt is buckled around the waist.

Sturdy belt

Having girded your loins with truth (NASB)

Having your loins girt about with truth (KJV)

Belt = Anchor

What is an anchor?

It is a strong shank, with a ring at one end to which a cable may be fastened; and with two arms and flukes at the other end, forming a suitable angle with the shank to enter the ground.

What is an anchor for?

Anchor

Keeps you
grounded
from being tossed about
from drifting
from floating away
from smashing against the rocks

Slows your direction

Ballast (balance) - gives you balance

Keeps you from falling – Like in mountain climbing

Gives

- Stability
- Security



- Dependence for safety
- Anchors are emblems of hope
- To fix or fasten to
- To fix in a stable condition
 - That which gives stability or security; that on which we place dependence for safety.
- To rest on
- An iron instrument for holding a ship or vessel at rest in water.
- Anchors also can direct your course

Visual Balloon attached to TRUTH.

I blow on the balloon lightly to show if a little wind comes and you are anchored to truth you stay anchored.

I blow on the balloon harder – same effect.

Then a fan blows the balloon.

Still anchored

What are you anchored to?

It starts here with the belt of truth.

This confidence is like a strong and trustworthy anchor for our souls.

Hebrews 6:19

The Truth is our foundation, it is what we rest on, what stabilizes our minds thoughts. Like an anchor we need to take hold of the truth with both hands & arms.

We are secure in the truth and will have great peace (serenity).

There is only 1 truth.]

Titus 1:2 - This **truth gives them confidence** that they have eternal life, which God—who does not lie—promised them before the world began. NLT

Psalm 91

You who sit down in the High God's presence, spend the night in Shaddai's shadow, Say this: "GOD, you're my refuge. I trust in you and I'm safe!" That's right—he rescues you from hidden traps, shields you from deadly hazards. His huge outstretched arms protect you— under them you're perfectly safe; his arms fend off all harm. Fear nothing—not wild wolves in the night, not flying arrows in the day, Not disease that prowls through the darkness, not disaster that erupts at high noon. Even though others succumb all around, drop like flies right and left,

no harm will even graze you. You'll stand untouched, watch it all from a distance, watch the wicked turn into corpses. Yes, because GOD's your refuge, the High God your very own home, Evil can't get close to you, harm can't get through the door. He ordered his angels to guard you wherever you go. If you stumble, they'll catch you; their job is to keep you from falling. You'll walk unharmed among lions and snakes, and kick young lions and serpents from the path.

"If you'll hold on to me for dear life," says GOD, "I'll get you out of any trouble. I'll give you the best of care if you'll only get to know and trust me. Call me and I'll answer, be at your side in bad times; I'll rescue you, then throw you a party. I'll give you a long life, give you a long drink of salvation!"

Proverbs 16:9

The mind of man plans his way, but the Lord directs his steps. NASB

Proverbs 21:29

...he makes his way sure. NASB

...But as for the upright, he directs the way.

You must continue to believe this truth and stand in it firmly. Don't drift away from the assurance you received when you heard the Good News... Colossians 1:23 NLT

... your word is truth. John 17(:19 KJV)

My mouth shall speak truth ... Proverbs 8:7 KJV

Jesus Christ is called the truth John 14:6 KJV

What ground are we standing on?

I pray that Christ will be more and more at home in your hearts as you trust in him. May your roots go down deep into the soils of God's marvelous love. Ephesians 3:17

Once you know the truth you must obey the truth.

Obedience – Surrender your will. Are you obeying god when he asks you to do something?

JOG – tell story about surrender / obedience.

You won't know the truth and feel secure in it if you don't know what His truths are.

Knowing God's Truth's – you must read His word and let the Holy Spirit reveal to you His truths and allow Him to work in and through you.

Now faith is the substance of things hoped for and the evidence of things we cannot see. Hebrews 11:1

The truth is not something; the truth is a person (Jesus Christ).

“I am the truth”

Christ is the truth

Are you anchored in Christ?

Is Christ your belt of truth?

Knowing the truth sets you free.

- Free from sin
- Free to do...
- Free to do as Christ did.

Father, I pray that you would steep me and strip away everything that is not of you. Make me into a new person that I would live a life in God-reality, God-initiative and God-provision.

Examine yourselves, whether you are in the faith; prove your own selves. Know you not your own selves, how that Jesus Christ is in you, except you be reprobates? 2 Corinthians 13:5 KJV

Examine yourselves to see whether you are in the faith; test yourselves. Do you not realize that Christ Jesus is in you-unless of course, you fail the test? NIV