

Health & Wholeness Part 1



Jesus did not walk on water all the time, He did not calm storms all the time, but He healed all the time.

God's Nature Is to Heal

When Jesus walked on earth, most of His miracles were in the area of healing. That is because His nature is to heal.

Acts 10:38 tell us "How God anointed Jesus of Nazareth with the Holy Ghost and with power; who went about doing good, and healing all that were oppressed of the devil; for God was with Him."

He did not walk on water all the time, He did not calm storms all the time, but He healed all the time.

When God brought the children of Israel out of Egypt to bring them into the Promised Land, He made sure that none of them were sick.

Psalm 105:37 "He brought them forth also with silver and gold: and there was not one feeble person among their tribes.

God's Word says that there were none feeble.

Bible scholars estimate that there were about 2.5 million Israelites who left Egypt healed, healthy and whole.

That was and still is God's will for His people today, all healed, healthy and whole.

Partaking of the Lord's Body Brings Healing

If the people of the world are sick, it should not surprise us. They do not have Jesus Christ as their protection, so it is no wonder that they are sick.

When believers are sick, I want to know why. And I do not want to draw my conclusions from human experience. I want an answer from God's Word.

The Bible gives one and only one reason Christians are weak and sick, and die prematurely.

The answer is in 1 Corinthians 12:29-30 "For he that eateth and drinketh unworthily, eateth and drinketh damnation to himself, not discerning the Lord's body. For this cause many are weak and sickly among you, and many sleep.

Sleep here means death, not bodily rest.

Paul said, "For this reason..." He did not say. "for these reasons"

He was pointing us to one singular reasons Christians become weak and sick, and die before there time.

Why?

“... not discerning the Lord’s body. For this reason...”

So the reason the Corinthians became weak and sick was their failure to discern the Lord’s body.

If we discern the Lord’s body we will walk in His health and wholeness.

It means that they did not know why they were partaking of the body when they came to the table. They had no idea why they were eating the bread. And this was the reason they were not receiving the divine life of their Savior, causing them to be weak and sick, and to die prematurely.

If we do discern the Lord’s body, we will walk in His health and wholeness.

Paul said, “... not discerning the Lord’s body. For this reason many are weak and sick among you, and many sleep”, then if we discern that Lord’s body, we will be strong and healthy, and live long.

God does not want us to focus on food or exercise as the key to divine health. He does not want us to put our trust I natural means to stay healthy.

For the weapons or our warfare are not carnal, but MIGHTY through God to the pulling down of strong holds;

By all means eat well and exercise. I watch what I eat and I dislike oily or salty stuff. I also exercise. But my trust is not in my own feeble human efforts. My trust is in God to keep me healthy. And God has ordained the Holy Communion as a key to health and wholeness for His people.

The early church believed this. That is why “...they continued steadfastly in the apostles’ doctrine and fellowship, and in breaking of bread and in prayers.” They made a big deal of those things that God made a big deal of.

They took God at His Word. It is no wonder that they experienced God’s power. In Acts 2:43-46, we read that they broke bread from house to house, and many signs and wonders were done through the apostles.

Although the body of Christ today understands the importance of doctrine, fellowship and prayer, few in the church truly understand the significance of the breaking of bread (or Holy Communion). That is why many are weak and sick, and die before their time.