

Filled with the Fullness of God

To be filled into all the fullness of God, we must be full of His Word. **God's Word is our food**; if we miss the truth in this statement we miss the union, the connection with God and meeting the needs of the day.

A book about God or a commentary are not the Word of God and in many cases just man's opinion about this or that (junk food), they are not God breathed. The Word of God is the BEST food (God's Food).

So, what nutrition are you taking in? Junk food or God's food?

Junk food may taste good, it might go down smooth and easy but it doesn't make you healthy, it does exactly the opposite, it makes you weak. You must have a healthy diet of God's Word. It must be consumed multiple times a day.

If you ate an apple, good healthy food, once a day and nothing else; would it sustain you? Would it make you strong, resilient, or healthy? No of course not, you need more than one piece of good food per day. Think of each time in the Word as one piece of good healthy nutritious food. How often and how much should you eat?

The average person in America eats 3 meals a day plus 1 to 3 snacks. Each time you eat a meal, eat a meal with the Lord too, each time you have a snack, snack on the Word too.

There is an old saying 1 week without the Lord, makes one weak. But I say, one meal without Him, will make you weak.

Now let's either give up the junk food and eat healthy or only have the junk as dessert after the main meal. Your spiritual life will thank you for it.

Jeremiah 15:16 "Thy words were found, and I did eat them; and thy word was unto me the joy and rejoicing of mine heart: for I am called by thy name, O LORD God of hosts."

Colossians 3:16 "Let the word of Christ dwell in you richly in all wisdom; teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord."

Luke 11:28 "But he said, Yea rather, blessed *are* they that hear the word of God, and keep it."

Romans 10:17 "So then faith *cometh* by hearing, and hearing by the word of God."

John 15:7 "If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you."

Hebrews 4:12-13 "For the word of God *is* quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and *is* a discerner of the thoughts and intents of the heart. ¹³Neither is there any creature that is not manifest in his sight: but all things *are* naked and opened unto the eyes of him with whom we have to do."

Romans 1:16 "For I am not ashamed of the gospel of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek."

Luke 8:11 "The seed is the word of God."

1 John 2:24 "Let that therefore abide in you, which ye have heard from the beginning. If that which ye have heard from the beginning shall remain in you, ye also shall continue in the Son, and in the Father."