

Fight Back with Scripture

Below are some thoughts that Satan would love for us to entertain. Use the tool below to start fighting back, the way Jesus did.

Use the first line in Bold to start your defense, then locate the type of thought and use the Word.

Note: We will be updating this on a regular basis so check back often.

I rebuke you Satan in the name of Jesus Christ.	
This is good for any and all attacks.	
Thoughts you might have and scripture to fight the attack with.	
I can't do that!	
I'm not strong enough!	
I'm too small!	
	<i>I can do all things through Christ which strengtheneth me. Philippians 4:13</i>
I'm not smart enough!	
	<i>You are right, but I don't have to be. Because God's Word says it is not in man to direct his path that is why I acknowledge Him in all I do so He will direct my path. Proverbs 3:5-7, Jeremiah 10:23</i>
I'm not saved!	
	God's Word says that whoever calls on the name of the Lord will be saved. Romans 10:13
	If thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved. Romans 10:9
	<i>I am save because I believe in Jesus Christ, that he took my penalty for sin, that he died for me, and came back to life.</i>
I'm going to hell, because I've sinned and broke one of the ten commandments.	
	If we confess our sins, he is faithful and just to forgive us <i>our</i> sins, and to cleanse us from all unrighteousness. 1 John 1:9
	<i>God's Word says if I will admit I did wrong to God, He will forgive me and make me right.</i>
I hate _____ .	
	God's Word say I am to love my neighbor as myself, so I love _____. Mark 12:31
	<i>Lord give me your love for this person. They were made in your image and help me to see the good in them.</i>
I'm Ugly!	
	I will praise God; for I am fearfully <i>and</i> wonderfully made: marvellous <i>are</i> His works; and my soul knows this well. I am a marvelous work of God. Psalms 139:14
	God's Word says I am His workmanship, created in Christ Jesus for good works that God ordained so I can walk in them. Ephesians 2:10
	I was created in the image of God and God is a glorious, awesome being. Genesis 1:27
	<i>I'm not ugly, I was made in the image of god and I am marvelous.</i>
I will never become anything!	
	For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end. Jeremiah 29:11
	<i>You are a liar Satan, God has a plan for me.</i>
Ooo that's scary!	
	I will not be afraid for God has not given me a spirit of fear; but of power, and of love, and of a sound mind. 2 Timothy 1:7
	Be strong and of a good courage; be not afraid, neither be dismayed: for the LORD your God <i>is</i> with you wherever you go. Joshua 1:9

	<i>I am not afraid because God is with me. Fear is not from God, I rebuke you Satan in the name of Jesus Christ, you are a liar and I am not afraid. God has given me power, love and a sound mind.</i>
They are talking about me and are planning against me.	
	God's Word says, No weapon formed against me will prosper; and every tongue that rises against me in judgment God will condemn. Because this is the heritage of the servants of the Lord, and my righteousness is of Him. Isaiah 54:17
	God is for me so who can be against me. Romans 8:31
	Psalms 91
	<i>It doesn't matter what bad things someone has planned for me, I have the protection of God.</i>
I never do things right!	
	Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths. Proverbs 3:5-6
	O LORD, I know that the way of man <i>is</i> not in himself: <i>it is</i> not in man that walketh to direct his steps. Jeremiah 10:23
	<i>I can do it right because I am going to listen to God tell me how to do it.</i>
She/He must think I am hopeless!	
	I can do all things through Christ which strengtheneth me. Philippians 4:13
	<i>I am not hopeless because I can do all thing through Christ, because He gives me the strength.</i>
If I can't do it right (perfect) I might as well not do it.	
	I can do all things through Christ which strengtheneth me. Philippians 4:13
	Come unto me, all ye that labour and are heavy laden, and I will give you rest. Matthew 11:28
	<i>God Word says that I can do anything through Him, so I can do it.</i>
I'm going to make a fool of myself and people will laugh at me.	
	The fool hath said in his heart, <i>There is</i> no God. They are corrupt, they have done abominable works, <i>there is</i> none that doeth good. Psalm 14:1
	<i>I know there is a God so I am NO FOOL!</i>
Critical thoughts of others.	
	Judge not, that ye be not judged. For with what judgment ye judge, ye shall be judged: and with what measure ye mete, it shall be measured to you again. And why beholdest thou the mote that is in thy brother's eye, but considerest not the beam that is in thine own eye? Matthew 7:1-3
	<i>I will not criticize anyone because I know that I do wrong too.</i>
Nobody likes me / Nobody loves me.	
	God commendeth his love toward us, in that, while we were yet sinners, Christ died for us. Romans 5:8
	Beloved, let us love one another: for love is of God; and every one that loveth is born of God, and knoweth God. He that loveth not knoweth not God; for God is love. 1 John 4:7-8
	I love them that love me; and those that seek me early shall find me. Proverbs 8:17
	O give thanks unto the God of heaven: for his mercy <i>endureth</i> for ever. Psalms 136:26
	For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord. Romans 8:38-39
	<i>I am loved by God and nothing or no one can take His love away from me.</i>
I wish I'd never been born.	
	For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end. Jeremiah 29:11
	What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God, and ye are not your own? For ye are bought with a price: therefore glorify God in your body, and in your spirit, which are God's. 1 Corinthians 6:19-20

	Ye are of your father the devil, and the lusts of your father ye will do. He was a murderer from the beginning, and abode not in the truth, because there is no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar, and the father of it. John 8:44
	Come unto me, all ye that labour and are heavy laden, and I will give you rest. Matthew 11:28
	<i>I rebuke you Satan in the name of Jesus Christ, I am the temple of God, God has a great plan for me, you are a liar and I can rest in God. He made me for a reason.</i>
What if nobody likes it?	
	Commit thy works unto the Lord, and thy thoughts shall be established. Proverbs 16:3
	Rejoice evermore. Pray without ceasing. In every thing give thanks: for this is the will of God in Christ Jesus concerning you. 1 Thessalonians 5:16-18
	<i>When I do all things for the Lord, I do not have to worry about what anyone thinks about what I do.</i>
Everyone is doing it.	
	And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God. Romans 12:2
	Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths. Proverbs 3:5-6
	<i>Satan you are a liar, everyone is not doing it and I will trust in the Lord with all my heart and will do what is pleasing and acceptable to God and not you.</i>
Why do they make fun of me?	
	In the world you will have tribulation; but be of good cheer, I have overcome the world. John 16:33
	...consider that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us. Romans 8:18
	In all these things, we are more than conquerors through Him who loved us. Romans 8:37
	(Nothing can) separate us from the love of God which is in Christ Jesus our Lord. Romans 8:39
	<i>I am more than a conqueror and what people say about me is not true, the only thing that matters is how God sees me.</i>
I need ...	
	Your Father knoweth what things ye have need of, before ye ask him. Matthew 6:8
	Ask, and it shall be given you; seek, and ye shall find; knock, and it shall be opened unto you: for every one that asketh receiveth; and he that seeketh findeth; and to him that knocketh it shall be opened. Matthew 7:7-8
	Commit your way to the Lord, trust also in Him, and He shall bring it to pass. Psalm 37:5
	Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again. Luke 6:38
	God) is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us. Ephesians 3:20
	And my God shall supply all your need according to His riches in glory by Christ Jesus. Philippians 4:19
	<i>I do not have to worry, God said all I had to do was ask and he will give me what I need.</i>
I need help	
	Call to Me, and I will answer you, and show you great and mighty things, which you do not know. Jeremiah 33:3
	Behold, I am the Lord, the God of all flesh. Is there anything to hard for Me? Jeremiah 32:27
	Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; Philippians 4:6
	<i>I will let God know and he will take care of it.</i>
Change the way you are thinking.	

	Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ; 2 Corinthians 10:5
	<i>Help me Lord to stop thinking about things I shouldn't think about. Help me put every thought through the Jesus filter.</i>
Speaking the Word of God	
	For the word of God <i>is</i> quick, and powerful, and sharper than any twoedged sword, piercing even to the dividing asunder of soul and spirit, and of the joints and marrow, and <i>is</i> a discerner of the thoughts and intents of the heart. Hebrews 4:12
	<i>Your Word is more powerful than I fully understand and you will do it.</i>
I will be different.	
	And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what <i>is</i> that good, and acceptable, and perfect, will of God. Romans 12:2
	For they that are after the flesh do mind the things of the flesh; but they that are after the Spirit the things of the Spirit. Romans 8:5
	For to be carnally minded <i>is</i> death; but to be spiritually minded <i>is</i> life and peace. Romans 8:6
	<i>All things are possible through you.</i>
Temptation	
	Every man is tempted, when he is drawn away of his own lust, and enticed. ¹⁵ Then when lust hath conceived, it bringeth forth sin: and sin, when it is finished, bringeth forth death. James 1:14-15
	For to be carnally minded <i>is</i> death; but to be spiritually minded <i>is</i> life and peace. Romans 8:6
	Submit yourselves therefore to God. Resist the devil, and he will flee from you. James 4:7
	Put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts; ²³ and be renewed in the spirit of your mind; and that ye put on the new man, which after God is created in righteousness and true holiness. Ephesians 4:22-24
	I say unto you, That whosoever looketh on a woman to lust after her hath committed adultery with her already in his heart. Matthew 5:28
	<i>You will help me with every temptation, help me to see the way out and not do what I shouldn't.</i>
Doing What is Right	
	Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things <i>are</i> just, whatsoever things <i>are</i> pure, whatsoever things <i>are</i> lovely, whatsoever things <i>are</i> of good report; <i>if there be</i> any virtue, and if <i>there be</i> any praise, think on these things. Philippians 4:8
	But put ye on the Lord Jesus Christ, and make not provision for the flesh, to <i>fulfil</i> the lusts <i>thereof</i> . Romans 13:14
	A good man out of the good treasure of his heart bringeth forth that which is good; and an evil man out of the evil treasure of his heart bringeth forth that which is evil: for of the abundance of the heart his mouth speaketh. Luke 6:45
	Keep thy heart with all diligence; for out of it <i>are</i> the issues of life. Proverbs 4:23
	<i>Doing what is right is possible with you.</i>
What you think, you become.	
	For as he thinketh in his heart, so <i>is</i> he: Eat and drink, saith he to thee; but his heart <i>is</i> not with thee. Proverbs 23:7
	Seek the LORD and his strength, seek his face continually. 1 Chronicles 16:11
	<i>My thoughts will be pure and holy like you, so I can become more like you.</i>