

## Defeat or Giving Up

### Questions to explore the heart:

What did Jesus do when He was tempted (*persuaded / enticed*) to give up?

What if Jesus had given up?

What should you do when you are tempted to give up?

### Comment(s) or Correction:

The Bible teaches us “Do not give up and do not rely on your own strength.”

### Scriptures to memorize:

But as for you, brethren, do not grow weary (*tired / exhausted*) in doing good. 2 Thessalonians 3:13

And He said to me, “My grace is sufficient (*enough / adequate*) for you, for My strength is made perfect in weakness.” Therefore most gladly I will rather boast in my infirmities (*ill-health / sickness*), that the power of Christ may rest upon me. 2 Corinthians 12:9

Praying always with all prayer and supplication (*request / appeal*) in the Spirit, being watchful to this end with all perseverance (*insistence / urgency*) and supplication for all the saints Ephesians 6:18

Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing psalms. James 5:13

And not only that, but we also glory in tribulations (*troubles / problems*), knowing that tribulation produces perseverance (*resolve, firmness, or determination*). Romans 5:3

Therefore I ask that you do not lose heart at my tribulations for you, which is your glory. Ephesians 3:13

I can do all things through Christ who strengthens me. Philippians 4:13

For consider Him who endured such hostility (*aggression / resentment*) from sinners against Himself, lest you become weary and discouraged (*disheartened, depressed or dejected*) in your souls. Hebrews 12:3

### Words of Encouragement:

Pray for willingness and strength to persevere when things are hard. Allow God’s strength to be made perfect in your weakness.